

ETCMA ADVISORY STATEMENT: TCM use for COVID-19

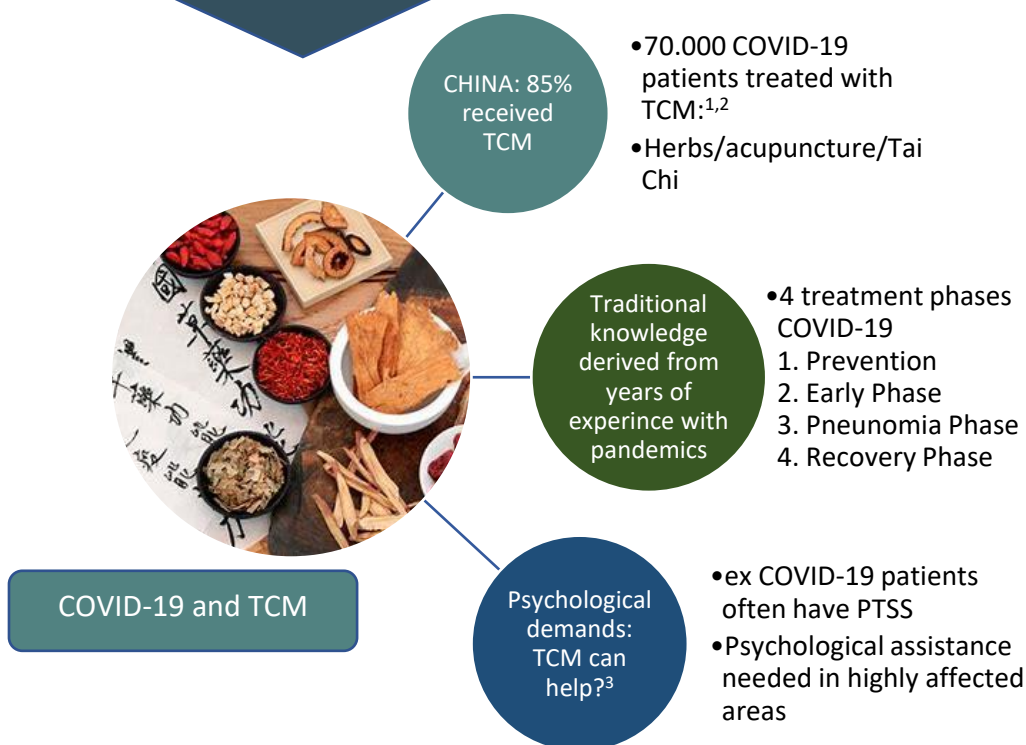
BE CAUTIOUSLY OPTIMISTIC

This is absolutely an opportunity to learn about how Chinese medicine can be of help in this crisis, but please be very cautious to not overstate the evidence base. Physicians in China are still working to learn more about the best approaches, so it is far too early to make strong assertions of efficacy. Be aware as well:

The data we have on herbal efficacy is preliminary, and not up to the standards of evidence-based medicine. Herbs may certainly be helpful, but exactly which ones and how much and for what presentations/pattern permutations is not well defined. Based on the available data, as noted above, making health claims for herbal treatments at this time could violate European Medicines Evaluation Agency (EMA) or your local government, and would be viewed negatively by National health authorities.

Adapted from: ASA_BestPractices_CH

Always remember: Yi bing tong zhi; Tong bing yi zhi
Different disease, Same treatment;
Same disease, different treatment.



1. Yang Yang et al, TCM in the treatment of patients infected with 2019-New Coronavirus (SARS-CoV- 2): a review and perspective. Int.J.Biol.Sci 2020, Vol.16.

2. Chen JK et al, How Covid-19 is currently treated in China. Lotus Institute of Integrative Medicine. March 2020.

3. Liu et al, Prevalence and predictors of PTSS during COVID-19 Outbreak in China hardest hit Areas: Gender differences matter. Psych.res 2020, March 16.